

Certificate Course : Jewellary Making



Certificate Course : Fashion Design



Certificate Course: Women Empowerment



Certificate Course: Dance



Certificate Course : Psychology Department



Certificate Course: History Department



Certificate Course: Disaster Management NSS Department



Certificate Course: Dance Department

Govt. Auto. Girls P.G. College of Excellence, Sagar (M.P.)

Reaccredited "A" By NAAC with CGPA 3.02/4.00

30 Hours Certificate Course

"Under the aegis of IQAC"

in



BEAUTY CARE

01.03.2021 to 19-03-2021



Dr. Bhavna Yaday

Dr. Bhavna YadavCourse Co Coordinator

Dr. Anjana Nema IQAC Coordinator/ Course Co-ordinator Prof. Naveen Gideon NAAC Coordinator **Dr. B. D. Ahirwar** Patron/Principal



Certificate Course Beauty Care IQAC



Certificate Course Beauty Care IQAC



Certificate Course Tally Commerce Department





Certificate Course Physical Education Department

Faculty of the Course

- Dr. Renubala Sharma (Bina)
- Dr. Subhash Hardikar (Sagar)
- Dr. Vijay Shankar Rai (Bhopal)
- Dr. Sunil Datt Lakhera (Jabalpur)
- Dr. Satish Kumar (Bhopal)
- Dr. Jyoti Jungare (Hoshangabad)
- Mr. Pradeep Awasthi (Niwadi)
- Mr. Siddhartha Srinet (Prithvipur)
- Dr. Nitin Korpal (Sagar)

Physical Education (Syllabus)

- Foundation of Physical Education Meaning, Definition, Aims,
- Objectives, Importance and History of Physical Education. Sports sciences-Need & Impotence of Sports Sciences in
- Need & Importance of Yoga in Promoting Positive Health &
- Meaning of Health & its Dimension, Balance Diet and Sports
- Methods of Develop Fitness.
- Training & Coaching Meaning, Definition, Importance and Training Components, Difference between Coaching and
- Career and Job in Physical Education & Sports.

- Dr. Naveen Gideon, NACC Coordinator
- ♣ Dr. Anjana Nema, IQAC Coordinator
- ♣ Dr. Monika Hardikar, Course Coordinator

Day 3- Saturday , Date 23.01.2021 IST- 02:00 PM to 04 PM

Topic- I Psychological Principles of Physical Education. II Biological Principles of Physical Education.

https://meet.google.com/uub-qawa-uem



ON LINE 30 HRS. CERTIFICATE COURSE

PHYSICAL EDUCATION

Organized by

Department of Sports

Govt. Autonomous Girls P.G. College of Excellence,

Sagar (M.P.) 470001

(UGC Recommended Value Added Course)

(21st January, 2021 to 05th February, 2021)

(Under the aegis of IQAC)

Day 3- Saturday, Date 23.01.2021 IST- 02:00 PM to 04 PM



Prof. Rekha Bakshi



Dr. Monika Hardikar Course Coordinator





Sports Office (Faculty) Govt. S P M Coolege Bhopal



Sports Office (Faculty) Govt. Nodal College Hoshangabad

Govt. Auto. Girls P.G. College of Excellence, Sagar (M.P.)



Reaccredited "A" By NAAC with CGPA 3.02/4.00

30 Hours Certificate Course

"Under the aegis of IQAC" on





Dr. B. D. Ahirwar

PHYSICAL EDUCATION

Organized by the Department of Sports Date: 21.01.2021 to 05.02.2021

Dr. Monika Hardikar Course Co-ordinator

Dr. Monika Hardikar

Dr. Anjana Nema **IQAC Co-ordinator** Prof. Naveen Gideon **NAAC Co-ordinator**

Dr. B. D. Ahirwai Patron/Principal

Certificate Course Physical Education Department





Certificate Course Chemistry Department



Certificate Course Therapeutic Aspects of Medicinal Plants Botany Department



Special Lecture



Special Lecture Commerce Department



Special Lecture Health Awareness Dr. Manish Jain MD



Special Lecture on Rojgar Ke Avashar Home Science Department





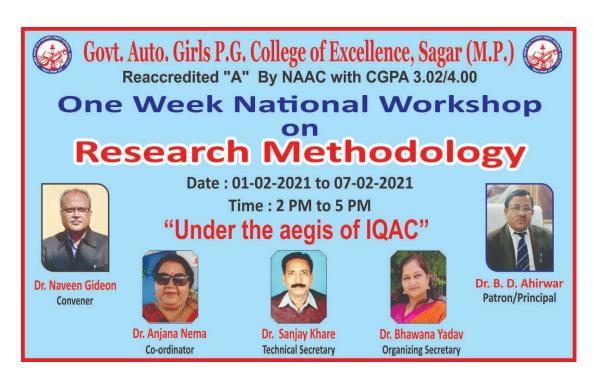
Fit India Movement



Education Tour Van Vihar

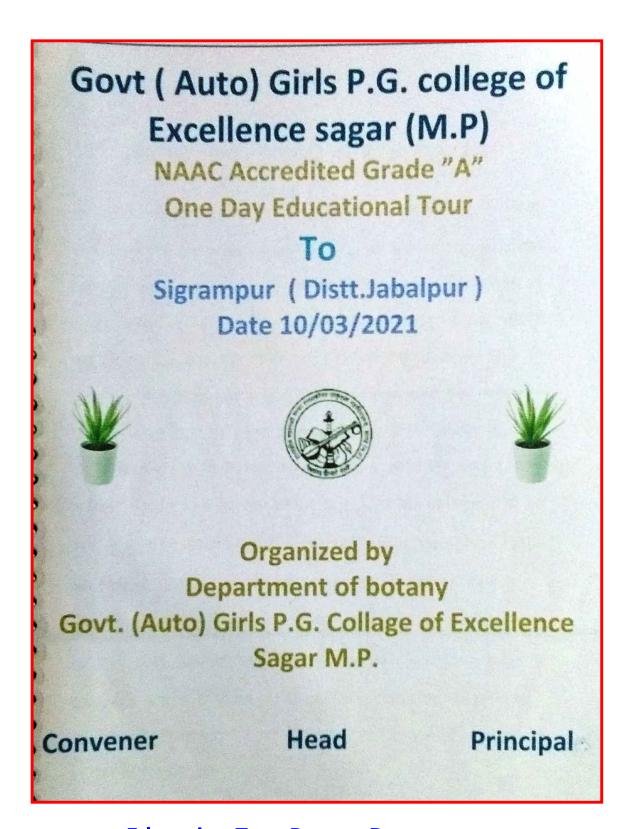


Yoga Workshop





Workshop Research Methodology



Education Tour Botany Department





प्रतिवेदन

शैक्षणिक भ्रमण - वनस्पति शास्त्र 10/03/2021

शासकीय स्वशासी स्नातकोत्तर कन्या महाविद्यालय में प्राचार्य की अनुमति वनस्पति शास्त्र विभाग द्वारा शैक्षणिक भ्रमण दिनांक 10/3/21 को आयोजित किया गया। इसमें विभाग द्वारा एम.एस.सी की छात्राओं को भ्रमण की जानकारी तथा उनके अभिमाववकों की अनुमति ली गई। छात्राओं को भ्रमण के पहले निर्देश व आवश्यक सामग्री तथा प्रायोगिक कार्य भी रूप रेखा बताई गई। दिनांक 10/3/21 को वनस्पति –शास्त्र विभाग का शैक्षणिक 50 छात्राओं को लेकर बस द्वारा सिंग्रामपर अभ्यारण्य जबेरा जिला जबलपर के लिये सुबह 6 बजे रवाना हुआ। इसमें विभागाध्यक्ष डॉ. इला तिवारी, प्राध्यापक डॉ. प्रतिमा खरे, अतिथि विद्वान अमिता विश्वकर्मा, भूपेन्द्र अहिरवार व दरयाव सिंह ठाकुर व नीलेश सोनी का मार्गदर्शन व सहयोग रहा। रास्ते में साइड में लगे वृक्षों की जानकारी दी गई जंगल में डॉ. प्रतिमा खरे द्वारा छात्राओं से 10 क्वाड्रेट डलवाकर Tree Shrub Herbs Seed lings sapling की जानकारी दी गई। साथ ही हरवेरियम हेतु प्लांट का collection भी किया गया। छात्राओं को forest products के बारे में भी जानकारी दी गई। सायं 7 बजे सभी छात्रायें बस द्वारा वापिस यह सफल भ्रमण में महाविद्यालय के प्राचार्य बी.डी. अहिरवार के संरक्षण तथा डॉ. इला तिवारी व डॉ. प्रतिमा खरे के निर्देशन में आयोजित हुआ। विभाग प्राचार्य के प्रति बहुत-बहुत आभारी है। भ्रमण के दौरान छात्राओं को निम्न वनस्पति की जानकारी दी गई।

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