

### GOVERNMENT (AUTONOMOUS) GIRLS POST GRADUATE COLLEGE OF EXCELLENCE, SAGAR (M.P.) (NAAC 'A' Grade Accredited)

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## **CRITERION - VI**

GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.3

## **Faculty Empowerment Strategies**



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Happiness Survey Analysis and Report Govt. Auto. Girls P.G. College of Excellence, Sagar Among College Teachers "No Fath to Happiness, Happiness is the Fath"

#### Introduction :

Experiencing happiness in important for our emotional and physical health. Satisfied employees are more confident in their abilities, engaged in their roles positive in their mind sets and experience higher level of productivity.

The objective of this report is to present the findings and analysis of a recent happiness survey conducted among the college teachers at Govt. Auto. Girls P.G. College of Excellence Sagar. The survey aimed to assess the overall happiness levels of teachers, identify factors influencing their happiness, understand their challenges, and explore the methods they use to enhance their well-being. The survey data was collected through a structured questionnaire distributed among the college teachers, and the responses were analyzed to derive meaningful insights.

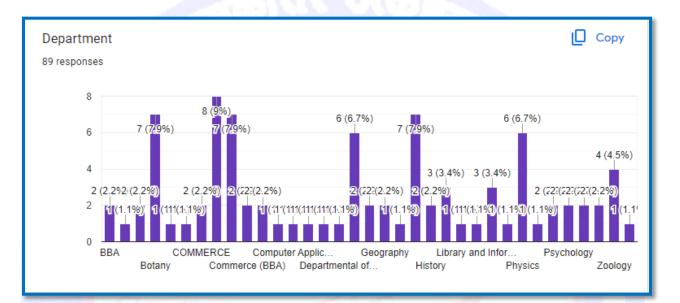
#### Methodology :

The online survey was sent on whatsapp to all college teachers at Govt. Auto. Girls P.G. College of Excellence Sagar using a Google Form link. The participants were provided with clear instructions on how to complete the survey,



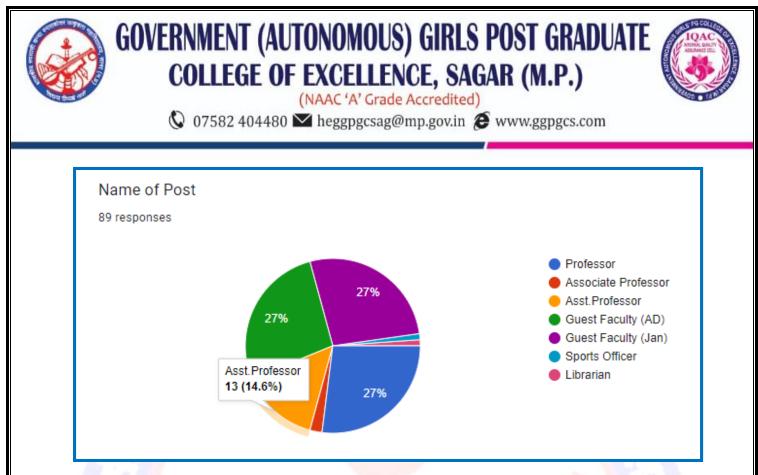
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which included selecting one or more appropriate options for each question. The questionnaire consisted of multiple-choice questions to gather quantitative data related to teachers' happiness and well-being.

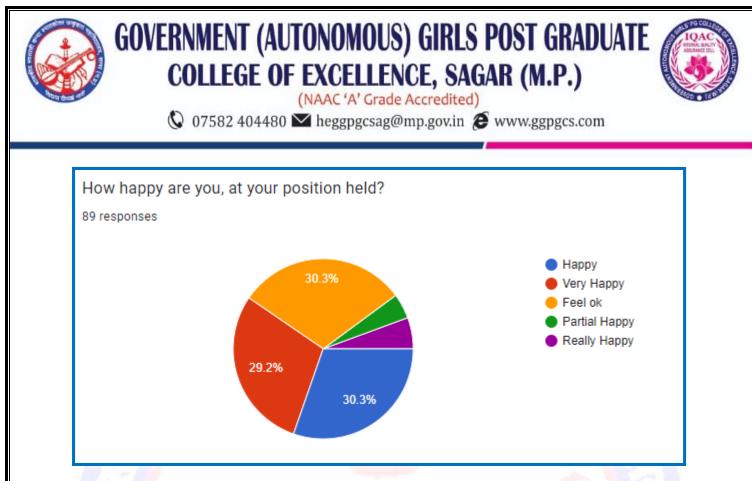


#### Analysis :

Above mention department have participated in happiness survey almost all the department of the college have shown their interest in this survey.

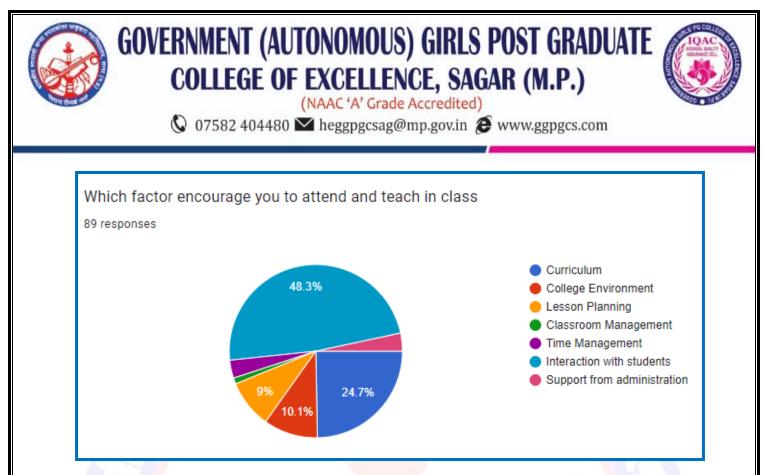


In the survey 27% Professor, 14.6% Assistant Professor, 2% Associate Professor, 1 Sports Officer and 1 Librian have responded to the questionnaire.

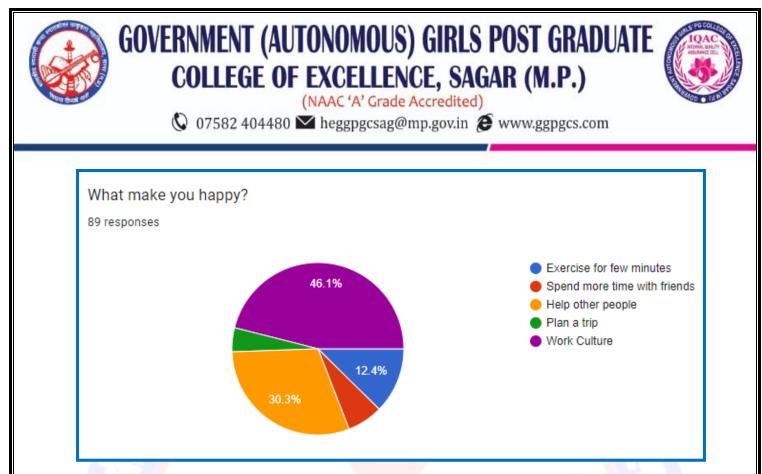


Approximately 30.3% of college teachers reported being "happy" in their positions, while around 59.5% expressed positive feelings of being either "very happy" or "okay." This suggests that a majority of teachers are content with their roles, but there is room for improvement in overall job satisfaction.

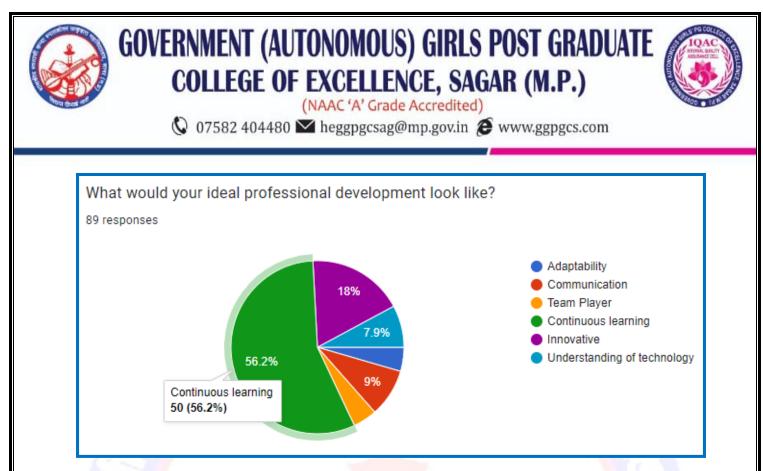




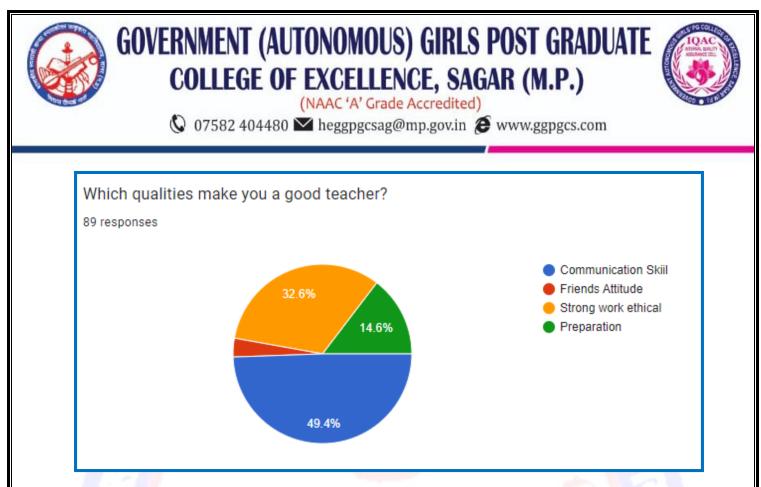
The survey asked teachers to choose the factors that most encourage them to attend the college and teach in class. The data shows that a significant number of teachers 48.3%, selected Interaction with students followed by curriculum (24.7%), 10% noted college environment this highlights the importance of fostring a positive and supportive learning environment for both students and teachers.



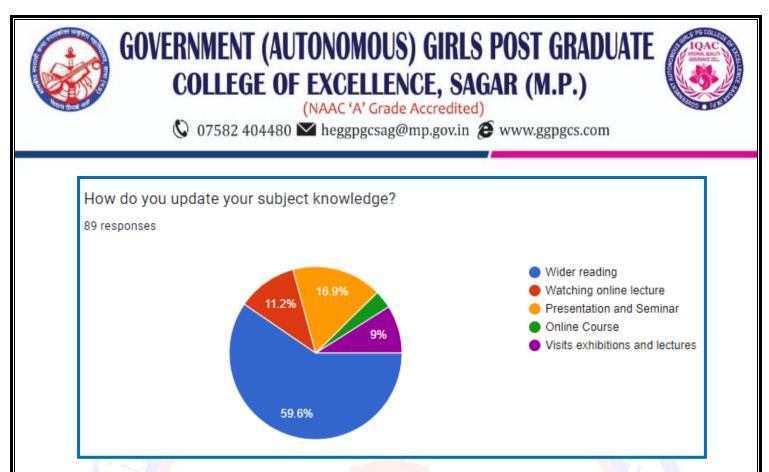
The survey explored the methods that teachers have tried to increase their happiness. A majority of teachers (46.1%) reported engaging in work culture as a way to improve their well-being. Additionally, 30.3% of teachers stated help other people enhance their happiness. 12.4% mentioned excercise for few minute can enhance their happiness.



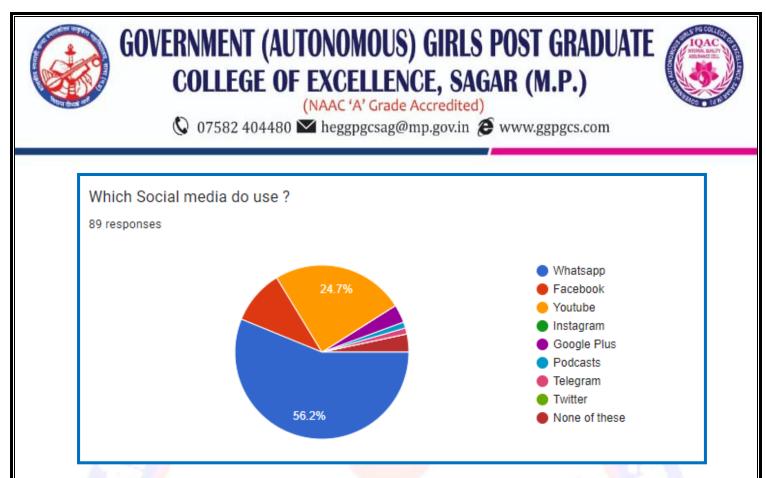
The survey findings indicate that a significant percentage of teachers (56.2%) expressed a strong interest in continuous learning as their preferred mode of professional development. Additionally, 18% of teachers emphasized the need of innovative skills, which could help enhance their teaching effectiveness and overall job satisfaction.



The survey explored the qualities that teachers believe make them good educators. Communication skills were identified as the most critical quality by 49.4% of teachers, followed by a strong work ethic, which was recognized by 32.6% of respondents. Emphasizing these qualities during professional development could help teachers improve their teaching capabilities and job satisfaction.



When asked about update the subject knowledge, 59.6% of teachers reported relying on wider reading, while 16.9% mentioned watching online lectures. Encouraging teachers to engage in both these activities can facilitate continuous learning and enhance their expertise in their respective fields.



The survey explored the social media platforms used by college teachers. WhatsApp 56.2% and YouTube 24.7% were found to be the most commonly used platforms, providing opportunities for knowledge sharing and professional development.





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#### Action Suggestions:

Based on the survey findings, the following actions are recommended to further enhance the happiness and well-being of college teachers at Govt. Auto. Girls P.G. College of Excellence, Sagar :

- 1. Workshops: Organize workshops on time management to help teachers effectively manage their professional responsibilities and achieve a better work-life balance.
- 2. Positive College Environment: Implement activities to foster a positive college environment, including open communication channels and a supportive environment for teachers and students like common outings picnic etc.
- 3. Continuous Learning Opportunities: Facilitate continuous learning opportunities, such as workshops, seminars, and webinars, to meet the preferences of teachers and support their professional development.
- 4. Communication Skills : Training programs to enhance teachers' communication skills, as effective communication is vital for fostering positive relationships with students and colleagues.
- 5. Self-Care Activities: Promote self-care practices like short exercises and spending time with friends to improve teachers' overall well-being and job satisfaction.
- 6. Professional Development Grants: Establish a professional development fund to support teachers' pursuit of further education and attending conferences relevant to their fields.
- Subject-Specific Webinars and Reading Materials: Organize subjectspecific webinars and provide reading materials to update teachers' subject knowledge regularly.
- 8. Social Media Utilization: Utilize WhatsApp and YouTube as platforms to share relevant educational content, research updates, and professional development resources.



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#### **Conclusion:**

The happiness survey conducted among college teachers at Govt. Auto. Girls P.G. College of Excellence provides valuable insights into the overall job satisfaction and well-being of the faculty. By taking the suggested actions, the college can create a supportive and enriching environment for its teachers, leading to increased job satisfaction, improved teaching effectiveness, and a positive academic environment. Fostering a sense of connection with students and colleagues, facilitating continuous learning opportunities, and promoting selfcare practices can contribute to the overall happiness and success of the college teachers.

> PRINCIPAL Govt. P.G. Girls College SAGAR (M.P.)